

**9TH**

**TURKISH OPEN**

**POOMSAE**

**07 FEBRUARY 2022**

**ANTALYA**

**9 th TURKISH OPEN POOMSAE**



Dear Mr. President

On behalf of the Turkish Taekwondo Federation, I am proud to invite you and your athletes to participate in the Turkish Open Poomsae, which will be held in Antalya, Turkey, 07 February 2022.

We guarantee high quality organization and competition – with the best international referees in order to guarantee maximum transparency, fairplay & impartiality for the athletes.

On behalf of the Organizing Committee, we would like to ensure that we will make every possible effort in Organizing Committee a successful tournament of the highest technical level.

I look forward to seeing you in Antalya, Turkey

Yours faithfully



Dr. Metin ŞAHİN  
President  
Turkish Taekwondo Federation

## 9 th TURKISH OPEN POOMSAE

## ORGANIZATION

|                       |   |
|-----------------------|---|
| <b>Promoter</b>       | Turkish Taekwondo Federation  |
| <b>President</b>      | Prof.Dr. Metin SAHIN  |
| <b>Organizing MNA</b> | Turkish Taekwondo Federation  |
| <b>Telephone</b>      | 0090 312 310 88 16 / 0090 530 575 27 00   |
| <b>E-mail</b>         | taekwondo@gsb.gov.tr  |
| <b>Website</b>        | <a href="http://www.turkiyetaekwondofed.gov.tr/">http://www.turkiyetaekwondofed.gov.tr/</a> |

## PLACE AND DATE

|                |                  |
|----------------|------------------|
| <b>City</b>    | Antalya          |
| <b>Date</b>    | 07 February 2022 |
| <b>Venue</b>   | To be updated    |
| <b>Address</b> | To be updated    |

## CONTESTANTS

### Divisions

#### Recognized Poomsae Individual

- Cadet Male individual
- Cadet Female individual
- Junior Male individual
- Junior Female individual
- Under 30 Male individual
- Under 30 Female individual
- Under 40 Male individual
- Under 40 Female individual
- Under 50 Male individual
- Under 50 Female individual
- Under 60 Male individual
- Under 60 Female individual
- Under 65 Male individual
- Under 65 Female individual
- Cadet (male & female) 12 to 14 years old
- Junior (male & female) 15 to 17 years old
- Under 30 Division (male & female) under 30 years old 18 to 30 years old

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Under 40 Division (male & female) under 40 years old 31 to 40 years old

Under 50 Division (male & female) under 50 years old 41 to 50 years old

Under 60 Division (male & female) under 60 years old 51 to 60 years old

Under 65 Division (male & female) under 65 years old 61 to 65 years old

## Pairs

Cadet Pair 12 to 14 years old

Junior Pair 15 to 17 years old

Pair 1 under 30 years old 18 to 30 years old

Pair 2 over 30.( 31 years old or over)

## Teams

Cadet Team (male & female) 12 to 14 years old

Junior Team (male & female) 15 to 17 years old junior female team junior male team

Team 1 (male & female) under 30 years old 18 to 30 years old

Team under 30 male

Team under 30 female

Team 2 (male & female) over 30 years old

Team over 30 male

Team over 30 female

## Free Style

### Individual

12-17 age individual male

12-17 age individual female

18 years old and over individual male

18 years old and over individual female

### Pair

12-17 age Pair

18 year old over Pair

### Mixed team

Over 12 mixed team ( 2 male 3 female or 3 male 2 female)Total 5 person

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## RULES

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### Method of Competiton:

Competition will be in WT Rules. (in force as of May 14 ,2019) Competition method may be modified according to the numbers of participants in respective event.

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## WT Global Licence

All participants must have a valid 2022 WT Global Licence in order to participate at this event.

**NOTE: WT Global Licence is mandatory for all age categories**

## Protective Equipment & Uniform

The participants shall wear the WT recognized Taekwondo Uniform.

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## ACCOMMODATION

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### Accommodation

**We would like to offer** all teams participating in Turkish Open VIII shall book their hotel rooms **via Organizing Committee** because of Covid-19 pandemic.

Accommodation guide and other details will be released in a short notice.

**Teams with NO confirmed and paid booking in the official hotel via Organizing Committee will not be able to participate due to Covid-19 restrictions and overall safety.**

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## REGISTRATION

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## Applications

To register and login to the service, please use this link:

<https://worldtkd.simplycompete.com/>

**DEADLINE FOR APPLICATIONS: AT LATEST FEBRUARY 02, 2022 18:00 Istanbul time**

Entries after deadline will not be accepted.

***New Partner Invitation Function for Poomsae Event:*** WT GMS has implemented a new function for an individual member to invite partner (s) for Pairs and Teams Poomsae. During the registration for a poomsae event, there is a new button called “**Invite/Add**”. Your partner will receive an email about the invitation, then he/she needs to accept the invitation by registering through GMS to 2022 Turkish Open (Poomsae). You can find detailed infographics on how the function works <https://www.dropbox.com/s/1rl2x8iji1qtea0/New%20Partner%20Invitation%20Function%20or%20Poomsae%20Events.pdf?dl=0>.

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**IMPORTANT:** If the athlete registered online does not take part in the competition for some reason, but he/she has not been removed from the list of participants before deadline (02 February 2022) his/her team officially must fully (%100) pay his/her entry fee for the participation

## ENTRY FEE

### ADMISSION FEE (PER ATHLETE)

| 1 DISCIPLINE | 2 DISCIPLINES |
|--------------|---------------|
| 75,00 €      | 110,00 €      |

**Important:** According to recent WT Poomsae Competition Rules, contestant should choose maximum 2 categories both in Recognized and Free Style Poomsae (for example; 1 recognized and 1 free style or 2 recognized or 2 free style)

Entry fees: The OC shall collect the entry fees from the participating national teams. The national team shall pay an **entry fee by via bank transfer** at the Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee

**NOTE:** Bank transaction expenses should be set to "OUR". If set to "SHA" then the team may be asked to pay at Registration & Accreditation Centre any differences that may occur at the final amount remitted.

All entry fees shall be paid in advance. Cash payments will not be accepted. All bank transfer shall be paid to the following bank account:

Beneficiary: TURKIYE TAEKWONDO FEDERASYONU

Name of the bank: TURKIYE GARANTI BANKASI AS

IBAN:TR52 0006 2000 7110 0009 0853 24

BIC/SWIFT: TGBATRIS

Bank address: HACI BAYRAM MAH ANAFARTALAR CAD NO:17 ULUS ALTINDAG ANKARA

**Each category for all registered participants must be paid. No refunds! Changes of divisions after the deadline are allowed - Cost: 25€.**

## Classification of Results

### Individual Awards

Medals will be awarded to the top four athletes in the respective classifications and age divisions of the pertinent championships:

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|                        |                            |
|------------------------|----------------------------|
| 1 <sup>st</sup> PLACE: | GOLD MEDAL & CERTIFICATE   |
| 2 <sup>nd</sup> PLACE: | SILVER MEDAL & CERTIFICATE |
| 3 <sup>rd</sup> PLACE: | BRONZE MEDAL & CERTIFICATE |
| 3 <sup>rd</sup> PLACE: | BRONZE MEDAL & CERTIFICATE |

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## ACCREDITATION STEPS

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**Due to covid-19 pandemic restrictions and overall safety, each team member have to stay at official hotel and book their rooms via Organizing Committee.**

To minimize the risks of Covid-19, baloon system will be implemented at Turkish Open which all participants and officials will be isolated from public at the hotel. Nobody can go out or come inside without Covid Test.

### **Accreditations for Turkish Open will be under 3 steps stated below:**

**Step 1:** Covid-19 Rapid Test will be applied to each member of Teams right upon arrival in hotel. Only to members with negative test result will be allowed to stay in hotel and get accreditation. The cost of rapid test will be 30,00 € and will be paid in cash.

- For any reason you leave the hotel, you have to be tested to get in after the negatice test result.

**Step 2:** After test results, registration to hotel in accommodation desk will be made by representative of the team only.

**Step 3:** After accommodation desk, team representative will make reservation for accreditation. Only team representative will be allowed to enter in accreditation room.

For international flights, some passengers may have to submit PCR test. If you wish, you can have your Team tested in hotel by OC for 40,00 €.

For those who would like PCR test should inform OC 24 hours before leaving hotel.

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## INSURANCE ETC.

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### **Insurance**

- The organisation and supervisor assume no responsibility for teams, any damages, violence, loses and injures during the stay in Turkey.

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- All contestants must bring their own documents and forms for any medical treatment in Turkey. If not, this will have to be paid cash.

## Indemnities

The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective insurance coverage.

Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.

The Organizing Committee will acquire general insurance, at its own expenses, for all participants of the tournament, including but not limited to contestants and staffs, in the event of any injury and/or damages that may arise during the course of the championships.

## Visa Information

You should apply <https://www.evisa.gov.tr/en/> by online.

All the members who need entry visa to the Turkey must be registered in GMS. The deadline for a visa request in the GMS platform is January 28th, 2022.

### **NOTE**

- **Belt Requirements for Poomsae**
  1. Gup and above,
- Payment must be done per team or club
- Only WT approved equipment will be allowed to use in this tournament (even dobok etc.)
- Only competitors and coaches have admittance to the field of play.
- Coaching is only allowed in sportswear.
- All coaches must be 18 years or older.

**First Aid will be provided by the organization and is only to be used in case of an emergency.**

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## COVID 19 PROTOCOL

### Introduction

The purpose of this Code of Conduct during COVID-19 to prevent the spread of coronavirus (hereinafter “the Code”) is to provide the organizing team and all participants with an overview of health and safety aspects, and the requirements for organizing the 9th Turkish Open Poomsae, 1-day taekwondo competition held indoors in a situation of pandemic threat of COVID-19 disease.

The organizer of the competition; Turkish Taekwondo Federation acts in accordance with local laws and regulations, as well as follows the recommendations of government public health services to reduce the risk to a minimum. Continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

The organizer of the competition has taken a clear position and has a policy of personal responsibility. This position takes into account the legal aspects related to the organization of the competition during the pandemic and is made public to athletes, representatives and professional accompaniment of competitors and all those involved in the organization.

The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

### Travel to Turkey

Within the scope of the measures taken against the coronavirus (COVID-19) pandemic, the following decisions regarding entry to the country have been taken by the authorities of the Republic of Turkey, to be effective from November 27, 2021:

1) Flights from South Africa, Botswana, Mozambique, Namibia and Zimbabwe are suspended until further notice. Passengers who have been to these countries in the past 14 days and planning to enter Turkey from another country are allowed to board the flight if they can submit a PCR test with a negative result taken within maximum 72 hours before arrival in Turkey. These passengers shall be taken under quarantine for a period of 14 days in places to be determined by the governorships. If the result of the PCR test to be taken at the end of the 10th day of the quarantine is negative, the quarantine measure shall be ended. Passengers who do not have a PCR test on the 10th day of the quarantine shall stay in quarantine for 14 days and if the PCR test to be taken at the end of the 14th day of the test is positive, the current pandemic guide published by the General Directorate of Public Health of the Ministry of Health will be followed. Accommodation and transfer costs shall be covered by the passengers. Passengers to enter the quarantine are required to pay the accommodation fee of the hotel before their travels. In the case that our passengers fail to submit the document proof that they have made the payment of accommodation to our authorities at their first departure point, they shall not be admitted to board our flights as stipulated by the rules of the relevant authority.

2) Passengers departing from Brazil, Nepal, Bangladesh, Sri Lanka, India and Pakistan are required to submit a PCR test with a negative result taken within maximum 72 hours before arrival in Turkey. Passengers on direct flights from Brazil, Nepal, Bangladesh, Sri Lanka, India and Pakistan and passengers who have been to these countries in the past 14 days shall be exempt from quarantine if they can document that they have been administered minimum two doses of any of the vaccines approved by WHO and the

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Ministry of Health of the Turkish Republic (single dose for Johnson and Johnson) and minimum 14 days have passed since the last dose. If passengers fail to submit proof, such passengers shall be taken under quarantine at their residency address or at an address they state. If the result of the PCR test to be taken at the end of the 10th day of the quarantine is negative, the quarantine measure shall be ended. Passengers who do not have a PCR test on the 10th day of the quarantine shall stay in quarantine for 14 days and if the PCR test to be taken at the end of the 14th day of the test is positive, the current pandemic guide published by the General Directorate of Public Health of the Ministry of Health will be followed.

3) Passengers over 12 years of age and younger than 18 years of age, traveling with their parents and arriving from the countries above listed in article 2, are allowed to board the flight if they can submit a PCR test with a negative result taken within maximum 72 hours before arrival in Turkey if they cannot submit a document stating that they have been administered minimum two doses of any of the vaccines approved by WHO and the Ministry of Health of the Turkish Republic (single dose for Johnson and Johnson) and minimum 14 days have passed from the last dose. These passengers shall undergo a PCR test at their residency address and if the result is negative, they will be exempt from quarantine.

4A) Passengers arriving from Afghanistan or who have been to Afghanistan in the past 14 days shall be required to submit a PCR test with a negative result taken within maximum 72 hours before entry to Turkey. These passengers shall be taken under quarantine for a period of 10 days in places to be determined by the governorships. Accommodation and transfer costs shall be covered by the passengers. If the result of the PCR test to be taken at the end of the 7th day of the quarantine is negative, the quarantine measure shall be ended.

4B) For travel by air, citizens of Afghanistan who have a residence or work permit in Turkey shall be admitted to board the flight on condition that they submit valid permits of residence or work in Turkey. These people shall be exempt from hotel quarantine, and they may spend their quarantine periods at their address of residence. These passengers whose point of first entry to Turkey are cities other than Istanbul or Ankara shall be allowed to go to their addresses of residence only by private vehicles, and it shall not be allowed for them to board domestic flights or use public transportation.

4C) Citizens of the Republic of Turkey arriving from Afghanistan shall be exempt from hotel quarantine, and they will be able to spend their quarantine periods at their address of residence. These passengers whose first point of entry to the country are cities other than Istanbul or Ankara shall be allowed to go to their addresses of residence only by private vehicles, and they are not permitted to board domestic flights or use public transportation.

5) Within the scope of the article 4A, our passengers to be taken under quarantine are required to have their hotel bookings done through the contact information given in the link below before their travels and they are required to pay the accommodation fee of the hotel before their travels. In the case that our passengers fail to submit the document proof that they have made the payment of accommodation to our authorities at their first departure point, they shall not be admitted to board our flights as stipulated by the rules of the relevant authority.

More information please check following link:

<https://www.turkishairlines.com/en-tr/announcements/coronavirus-outbreak/turkey-travel-rules/index.html>

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## Roles and RULES

In order to avoid or reduce interactions between persons, the number of those who can attend the event is limited to only those necessary for the functioning of the hall, the event and the competition itself.

All associates are required to adhere to measures and recommendations to prevent the transmission of coronavirus infection.

Wearing a protective mask in such a way that it covers both the mouth and the nose is mandatory for all associates regardless of their place of action. Masks are worn in the official hotel of the competition, during the use of the transport service and during the stay in the hall, all the time and without exception, except in the case of competitors, during the competition (during fights).

If there is a need to replace gloves or a protective mask, used gloves and masks are thrown in specially designed baskets. Associates operating in the hall are obliged to adhere to the specified corridors of movement, and **ALL COMPETITORS and COACHES must leave the hall IMMEDIATELY after the fight.**

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. **By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.**

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

## Participants/implementation/audience

In order to facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

- Competition zone (hall)
- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers

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Other participants in the organization who are outside the competition zone of movement (in front of the hall and hotel space)

- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service
- Serving food
- Official accommodation

Wearing a protective mask is mandatory at all times, except in the following situations:

- During a meal at the hotel, during the warm-up and during the fights.

## Weigh in

Weigh in will take place at the hotel in the designated rooms, and each team will receive a weigh in schedule to avoid unnecessary gatherings. The schedule will be published on the official website of the competition. <https://www.turkiyetaekwondofed.gov.tr/>

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room. The same goes for the official staff during weigh-in (referees).

## Accreditation

The space for accreditation and registration will be available for those who make reservation in designated desk in front of the accreditation room.

## Accommodation

Rooms in official hotel will be provided for all competitors, and people who train together or are members of the same family will be accommodated together in the room. Each competitor who must stay in an official hotel at least one day before the competition, this is mandatory.

The service will be conducted in accordance with local guidelines for the purpose of preventing the spread of virus infection.

Competitors will stay during the competition in their rooms and watch the competition on YouTube, social networks or dedicated channels. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), which they can enter 25 minutes before their fight. After warming up, the competitor and the coach enter the disinfection room where they get electronic equipment and go through the disinfection zone.

No close contact is allowed in the hall after the competition, and this refers to shaking hands, hugging or kissing for the purpose of celebrating the results of the performance.

The medal ceremony will take place IMMEDIATELY after the end of the final fights of certain categories. All fights will take place according to a predetermined schedule.

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Person who will give awards and medals as well as award winners (athletes) are required to use masks during the ceremony. The ceremony will take place without a handshake, and the person presenting the awards must also wear gloves.

Leaving the hotel during your stay in Istanbul is not recommended and in any case, a rapid PCR test will be implemented to enter the hotel again. It will cost again 30,00 Euro

### **Referees / delegates / organizers / technical service**

After each category, the tatami mat should be wiped and sprayed with disinfectant.

Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight, and the same cannot be used for the next 2 fights.

Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

### **Medical procedures / Warming places**

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.

Asking for autographs or taking photos with athletes is not allowed.

### **Transport service / official drivers**

Accredited persons will be transported from the airport directly to the hotel by car or bus where all passengers and drivers will wear face masks and sit in compliance with the physical distance rule prescribed by the local authority with a recommendation of 1.5 to 2 meters.

### **Audience**

Audiences will not be possible during the competition.

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